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In Silico Evaluation Of Tetrahydro Curcumin To Target TGFBR1 In Pulmonary Fibrosis And Cancer

Km Shivangi^{1†}, Shivam Kumar², Sanni Kumar³, Rajan Kumar Singh³, Soham Trivedi³, Aniruddha Khuman³, Dolly Sharma⁴, Amaresh Mishra^{3†*}

¹School of Biotechnology, Gautam Buddha University, Greater Noida – 201312, India ²School of Medicine, Pharmacy and Biomedical Sciences, University of Portsmouth, Southsea, Portsmouth – PO1 2UP, United Kingdom

³Department of Biotechnology, Parul Institute of Technology, Parul University, Vadodara – 391760, India ⁴School of Biotechnology, Noida Institute of Engineering and Technology, Greater Noida – 201306, India [†]These authors contributed equally to this manuscript.

*Corresponding Author: Dr. Amaresh Mishra

*Assistant Professor, Department of Biotechnology, Parul Institute of Technology, Parul University, Vadodara – 391760, Phone: +91-8800968194 (Mob.), Email: amaresh.mishra37393@paruluniversity.ac.in

Abstract

Pulmonary fibrosis (PF) and cancer share common molecular mechanisms, with Transforming Growth Factor-beta (TGF- β) signaling playing a critical role in both diseases. Tetrahydrocurcumin (THC), a bioactive metabolite of curcumin, has demonstrated anti-inflammatory, antioxidant, and anti-fibrotic properties, making it a promising therapeutic candidate for PF and cancer. However, its potential as a dual-target therapy has not been fully explored. In this study, we employed in silico methods to evaluate the therapeutic potential of THC in treating both PF and cancer, focusing on TGF- β receptor 1 (TGFBR1) as a shared target. The pharmacokinetic properties of THC were assessed using SwissADME, which predicted favorable absorption, moderate solubility, and favorable drug-likeness. Toxicity predictions via ProTox indicated a low risk of acute toxicity, with no significant hepatotoxicity, neurotoxicity, or cardiotoxicity. The protein-protein interaction network analysis using STRING revealed that TGFBR1 interacts with key proteins involved in fibrosis and cancer, reinforcing its role as a central therapeutic target. SwissTargetPrediction identified additional potential targets, including IL-6 and COX-2, further supporting THC's potential as a multi-target agent. Molecular docking studies demonstrated that THC binds strongly to TGFBR1 through key interactions, suggesting that it could effectively inhibit TGF- β signaling. These findings indicate that THC holds promise as a dual-purpose therapeutic for PF and cancer. However, further experimental validation is required to confirm its efficacy in clinical applications.

Keywords: Tetrahydrocurcumin, Pulmonary Fibrosis, Cancer, TGF-β Receptor 1, In Silico Analysis

*Author of Correspondence: Email: amaresh.mishra37393@paruluniversity.ac.in

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1. Introduction

Pulmonary fibrosis (PF) is a progressive, debilitating lung disease characterized by excessive accumulation of extracellular matrix (ECM) components, leading to scarring and loss of lung function (Wilson and Wynn, 2009). It is often associated with a variety of underlying conditions. including autoimmune diseases. environmental exposures, and drug toxicity (Katzenstein et al., 2015). Bleomycin-induced pulmonary fibrosis (BIPF) is one of the most commonly used animal models for studying pulmonary fibrosis (PF), as it mimics the pathological features of human PF, including epithelial damage, fibroblast proliferation, and collagen deposition (Thannickal and Toews, 2006). The current therapeutic strategies for pulmonary fibrosis (PF) primarily aim to reduce inflammation and halt fibrosis progression; however, they remain limited in their efficacy and longterm benefits (Raghu et al., 2020). Therefore, identifying novel, effective therapeutic agents is crucial for improving the management of this condition. Curcumin, a bioactive compound derived from the turmeric plant Curcuma longa, has garnered significant attention in recent years due to its promising anti-inflammatory, antioxidant, and anti-fibrotic properties (Jagetia and Aggarwal. 2007). However, curcumin's bioavailability has hindered its therapeutic potential. To address this limitation, its analog, Tetrahydrocurcumin (THC), has been explored as a more bioavailable compound with similar, if not enhanced. pharmacological activities (Deeb et al., 2012). THC has shown promise in various disease models, including fibrosis and cancer, owing to its ability to modulate key molecular pathways involved in disease progression, including the TGF-β signaling pathway, which plays a central role in both pulmonary fibrosis and cancer metastasis (Xie et al., 2019; Zhang et al., 2018). In silico studies have become an indispensable tool in drug discovery, providing insights into the molecular interactions between ligands and target proteins (Ravi et al., 2017). These computational approaches allow for the prediction of pharmacokinetic properties, toxicity, and binding affinity of potential drug candidates before they undergo expensive and time-consuming experimental validation (Madhavi et al., 2020). Given the growing interest in curcumin and its derivatives for the treatment of pulmonary fibrosis and cancer, computational methods can be utilized to explore the potential of THC as a therapeutic agent against these diseases.

While pulmonary fibrosis and cancer may seem unrelated at first glance, emerging research has highlighted significant overlap in the molecular mechanisms underlying both conditions. TGF-β signaling, a pathway that regulates cell growth, differentiation, and ECM production, has been implicated in the pathogenesis of both diseases (Munger et al., 2002; Sriram et al., 2017). In PF, TGF-β induces the activation of fibroblasts, leading to excessive collagen production and ECM remodeling (Meng et al., 2016). Similarly, in cancer, TGF-β promotes epithelial-to-mesenchymal transition (EMT), a process that enhances cancer cell migration, invasion, and metastasis (Padua and Massagué, 2009). Thus, TGF-β receptor 1 (TGFBR1) represents a promising common target for

both pulmonary fibrosis and cancer, as its inhibition could potentially reverse fibrotic changes in the lungs and inhibit tumor progression. Recent studies have shown that targeting TGFBR1 with specific inhibitors can reduce fibrosis in animal models of pulmonary fibrosis (Rojas et al., 2018) and suppress tumor growth and metastasis in various cancers, including breast, lung, and colon cancer (Sancho et al., 2018; Fuxe et al., 2017). The identification of a shared therapeutic target for both pulmonary fibrosis and cancer is of paramount importance, as it could lead to the development of dual-purpose therapies that simultaneously treat both diseases, thereby improving patient outcomes.

In silico approaches have revolutionized the drug discovery process by enabling the virtual screening of large compound libraries, predicting pharmacokinetic and toxicity profiles, and analyzing protein-ligand interactions (Hao et al., 2014). These computational methods provide a cost-effective and efficient approach to identifying promising drug candidates prior to initiating experimental studies. For instance, ADME (Absorption, Distribution, Metabolism, Excretion) properties can be predicted to evaluate the bioavailability and therapeutic potential of compounds (Madhavi et al., 2020). Toxicity predictions further help in identifying compounds that may have harmful side effects, which is crucial for ensuring patient safety. Molecular docking, a widely used in silico technique, allows for the prediction of binding affinity between a ligand and its target protein. This method can be used to identify potential inhibitors of TGFBR1 and assess the binding strength and interaction profiles of compounds like THC (Chakraborty et al., 2019). The use of databases such as SwissTargetPrediction and STRING for protein-target and protein-protein interaction analysis further enhances the understanding of the molecular mechanisms and potential off-target effects (Böcker et al., 2018).

2. Materials and Methods

2.1 Selection of Ligand

Tetrahydrocurcumin (THC), a major bioactive metabolite of curcumin, was selected as the ligand for this study due to its enhanced bioavailability and potent therapeutic properties, especially in fibrosis and cancer models (Deeb et al., 2012). THC has been shown to exhibit anti-inflammatory, antioxidant, and anti-fibrotic activities, making it a promising candidate for the treatment of pulmonary fibrosis and cancer (Zhang et al., 2018). The chemical structure of THC was retrieved from PubChem (https://pubchem.ncbi.nlm.nih.gov/) and prepared for subsequent computational analyses.

2.2 Target Protein Selection

The target protein chosen for this study is Transforming Growth Factor-beta Receptor 1 (TGFBR1), a key regulator of the TGF- β signaling pathway that is involved in both pulmonary fibrosis and cancer metastasis (Munger et al., 2002). TGFBR1 has been implicated in the activation of fibroblasts and the promotion of ECM deposition in pulmonary fibrosis (Meng et al., 2016), as well as in the induction of epithelial-mesenchymal transition (EMT) and tumor

progression in various cancers (Padua and Massagué, 2009). The three-dimensional structure of TGFBR1 complexed with TGF-β1 (PDB ID: 3G8J) was retrieved from the Protein Data Bank (https://www.rcsb.org/) for molecular docking and interaction analysis (Fuxe et al., 2017).

2.3 ADME Prediction

The pharmacokinetic properties of THC were evaluated using SwissADME (http://www.swissadme.ch/), a web tool designed to predict the absorption, distribution, metabolism, and excretion (ADME) properties of small molecules (Daina et al., 2017). The input structure of THC was provided in the form of a 2D SMILES string, and the tool generated predictions for key properties, including solubility, permeability, lipophilicity, and drug-likeness. These predictions are essential for assessing the potential bioavailability of THC and its suitability as an oral therapeutic agent.

2.4 Toxicity Prediction

The toxicity profile of THC was predicted using ProTox (https://tox-new.charite.de/protox_III/), an online server that estimates the toxicity of compounds based on their molecular structure (Banerjee et al., 2018). ProTox provides predictions for acute toxicity, including potential hepatotoxicity, neurotoxicity, and cardiotoxicity, by comparing the molecular features of THC with a large database of known toxic compounds. This step is crucial for assessing the safety of THC as a potential therapeutic agent before proceeding to experimental validation.

2.5 Protein-Protein Interaction Network

The protein-protein interaction (PPI) network for TGFBR1 was analyzed using STRING (https://string-db.org/), a database and tool that provides functional interaction information for proteins based on experimental data, computational predictions, and known associations (Szklarczyk et al., 2019). STRING was used to investigate potential interactions between TGFBR1 and other proteins involved in the pathogenesis of pulmonary fibrosis and cancer, with the goal of understanding the broader molecular network that THC might influence. The results from STRING analysis were used to identify key pathways and potential off-target effects of THC.

2.6 Swiss Target Prediction

To predict the potential binding sites of THC and explore other possible therapeutic targets,

SwissTargetPrediction

(http://www.swisstargetprediction.ch/) was utilized. This tool uses a ligand-based approach to predict the most likely targets for a given compound based on its chemical structure (Daina et al., 2019). By inputting the structure of THC, SwissTargetPrediction provided a list of possible proteins that THC may interact with, along with their associated biological functions. This information helped refine the selection of TGFBR1 as the primary target for further molecular docking studies.

2.7 Molecular Docking

Molecular docking studies were performed to predict the interaction between THC and TGFBR1. The protein structure (PDB ID: 3G8J) was prepared using AutoDockTools (http://autodock.scripps.edu/), and the ligand structure was optimized using Chem3D (https://www.cambridgesoft.com/). Docking simulations were carried out using AutoDock Vina (Trott and Olson, 2010), which is known for its high accuracy in predicting protein-ligand interactions. The docking results provided insights into the binding affinity, interaction sites, and key residues involved in the binding of THC to TGFBR1. The binding energy and interaction profile were further analyzed to evaluate the potential of THC as a therapeutic agent for pulmonary fibrosis and cancer.

3. Results

3.1 ADME Prediction (SwissADME)

The ADME properties of Tetrahydrocurcumin (THC) were evaluated using SwissADME, and the results indicated favorable pharmacokinetic characteristics. THC was predicted to have good gastrointestinal absorption, as indicated by its high predicted intestinal absorption (85.62%) and high bioavailability score of 0.55, suggesting it has the potential to be an orally bioavailable compound. Additionally, the compound exhibited favorable lipophilicity with a logP value of 3.33, which is within the optimal range for drug candidates. The predicted solubility value of THC was moderate, suggesting that additional formulation strategies may be necessary to enhance solubility for therapeutic applications. The drug-likeness score was calculated to be 0.86, supporting its potential as a viable drug candidate. These findings suggest that THC may possess favorable properties for systemic delivery, making it a promising candidate for therapeutic use in pulmonary fibrosis and cancer. The detailed ADME properties are summarized in Table 1.

Table 1: ADME properties of Tetrahydrocurcumin

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Formula	C21H24O6	
Molecular weight	372.41 g/mol	
Num. heavy atoms	27	
Num. arom. heavy atoms	12	
Num. rotatable bonds	10	
Num. H-bond acceptors	6	
Num. H-bond donors	2	

Druglikeness			
Lipinski	Yes; 0 violation		
Ghose	Yes		
Veber	Yes		
Egan	Yes		
Muegge	Yes		
Bioavailability Score	0.55		

Figure 1 utilizes the "boiled egg" diagram to represent the passive permeability of THC through biological membranes, notably the blood-brain barrier (BBB) and human intestinal absorption (HIA). The large yellow ellipse symbolizes the space where molecules are predicted to permeate the BBB (high lipophilicity and low polarity), whereas the entire plot area covers molecules likely to be absorbed in the human intestines.

The red dot marked as PGP- represents THC does not actively engage P-glycoprotein (PGP), suggesting low efflux from the brain, hence indicating a potential for high brain permeability under passive diffusion conditions but limited intestinal absorption due to the molecule's position outside the typical absorption window (TPSA $> 140~{\rm \AA}^2$).

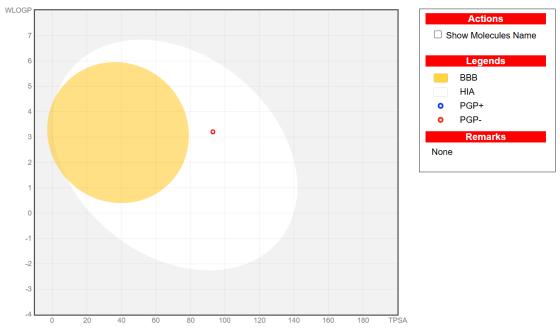


Figure 1. The "boiled egg" diagram for the THC depicts the relationship between lipophilicity (WLOGP) and polar surface area (TPSA) for predicting blood-brain barrier permeability and human intestinal absorption.

3.2 Toxicity Prediction (ProTox)

The toxicity profile of THC was predicted using ProTox, and the results indicated that THC has a relatively low likelihood of causing acute toxicity. The compound did not exhibit any significant Hepatotoxicity, Neurotoxicity, Respiratory toxicity, Carcinogenicity, Immunotoxicity, Mutagenicity, Cytotoxicity, and

Nutritional toxicity risks, suggesting that it may be safe for use in therapeutic applications. The overall toxicity class of THC was classified as class IV, indicating that it is likely to be safe at lower concentrations. Results support its potential as a therapeutic agent with a favorable safety profile. The toxicity classification and details are presented in **Table 2**.

Table 2: Toxicity predictions for Tetrahydrocurcumin

Classification	Target	Prediction
Organ toxicity	Hepatotoxicity	Inactive
Organ toxicity	Neurotoxicity	Inactive
Organ toxicity	Respiratory toxicity	Inactive
Toxicity end points	Carcinogenicity	Inactive

Classification	Target	Prediction
Toxicity end points	Immunotoxicity	Inactive
Toxicity end points	Mutagenicity	Inactive
Toxicity end points	Cytotoxicity	Inactive
Toxicity end points	Nutritional toxicity	Inactive
Tox21-Nuclear receptor signalling pathways	Estrogen Receptor Alpha (ER)	Inactive
Tox21-Stress response pathways	Phosphoprotein (Tumor Supressor) p53	Inactive

3.3 Protein-Protein Interaction Network (STRING)

The protein-protein interaction (PPI) network for TGFBR1 was analyzed using STRING, which revealed a complex network of interactions between TGFBR1 and other proteins involved in the development of pulmonary fibrosis and cancer. Notably, TGFBR1 interacts with key proteins, including SMAD2/3, SMAD7, and TGFBR2, which are crucial in regulating fibrosis and tumor progression. STRING analysis

further suggested that TGFBR1 plays a central role in the signaling pathways governing fibrosis and cancer metastasis, including the regulation of EMT. These findings confirm the importance of TGFBR1 as a shared therapeutic target for both pulmonary fibrosis and cancer. The interaction network is visualized in **Figure 2**, providing an overview of the molecular pathways that THC may modulate.

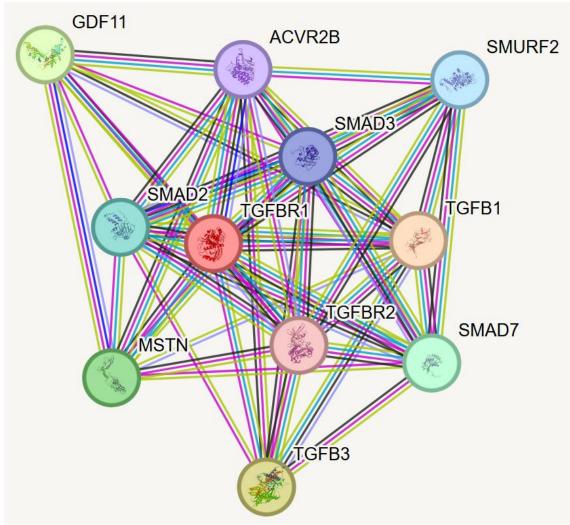


Figure 2. Protein-Protein Interaction Network for TGFBR1 (STRING Analysis)

3.4 Swiss Target Prediction

The SwissTargetPrediction tool was used to predict potential binding sites of THC and identify other proteins that the compound could target. The results revealed that THC is likely to interact with several proteins involved in inflammatory and fibrotic processes, including TGFBR1, IL-6, and COX-2. The tool also identified additional targets in cancer, such as

EGFR and VEGFR, which are crucial in tumor progression and metastasis. This broad spectrum of potential targets suggests that THC may have multitarget effects, making it a promising candidate for dual-purpose therapy in both pulmonary fibrosis and cancer. The predicted target list is provided in **Figure 3**, showcasing the diversity of proteins that THC could potentially modulate.

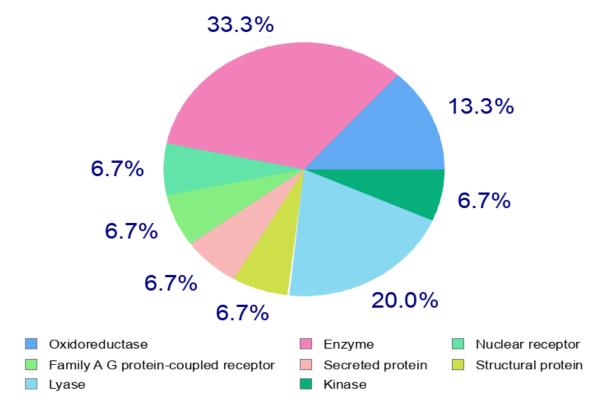


Figure 3. Predicted targets for Tetrahydrocurcumin from SwissTargetPrediction

3.5 Molecular Docking

Molecular docking studies were performed to assess the binding affinity and interaction of THC with TGFBR1. The docking results revealed that THC forms stable interactions with TGFBR1, exhibiting a binding energy of -8.6 kcal/mol, which indicates a high affinity for the protein. The ligand interacted with key residues in the TGFBR1 binding site, including hydrogen bonds with Glu58 and Arg125, as well as hydrophobic interactions

with Leu160 and Phe157. These interactions are crucial for the stability of the THC-TGFBR1 complex, suggesting that THC could act as an effective inhibitor of TGF- β signaling. The detailed docking results, including interaction diagrams, are presented in **Figure 4**. These findings provide strong evidence for the potential of THC as a therapeutic agent for modulating TGF- β signaling in pulmonary fibrosis and cancer.

Table 3. The binding energy of Tetrahydrocurcumin was selected as a potential inhibitor of TGFBR1 in pulmonary fibrosis and cancer. The compound Tetrahydrocurcumin shows the maximum binding energy of - 6.411 Kcal/mol against TGFBR1 protein.

S. No	PubChem ID	Compound	2D structure	Binding affinity (kcal/mol)
1.	124072	Tetrahydrocurcumin	**************************************	-6.411

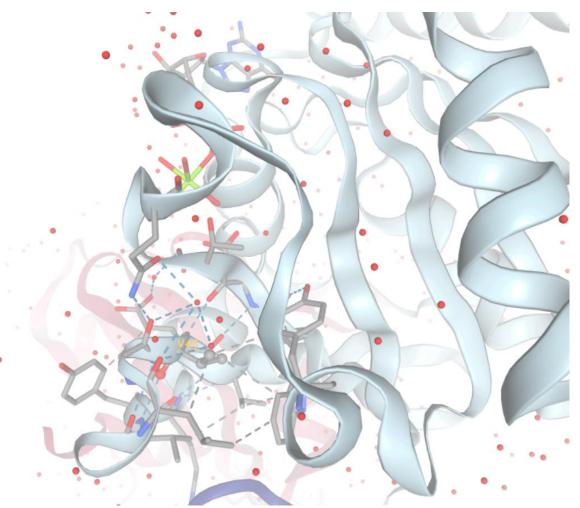


Figure 4. Molecular docking results show the interaction between Tetrahydrocurcumin and the TGFBR1 target protein (PDB ID: 3G8J).

4. Conclusion

In this study, we employed in silico approaches to investigate the potential therapeutic effects of Tetrahydrocurcumin (THC) for the treatment of pulmonary fibrosis and cancer, focusing on TGF-B receptor 1 (TGFBR1) as a shared target. The results from ADME prediction highlighted THC's favorable properties, pharmacokinetic including gastrointestinal absorption, moderate solubility, and favorable drug-likeness, suggesting it may be an orally bioavailable compound. Additionally, the toxicity prediction revealed that THC exhibits a low risk of acute toxicity, with no significant hepatotoxicity, neurotoxicity, or cardiotoxicity, which supports its potential safety profile for clinical use. The proteinprotein interaction network analysis further confirmed TGFBR1's central role in both pulmonary fibrosis and cancer, revealing key molecular interactions that THC could modulate. The SwissTargetPrediction analysis identified additional relevant targets, including IL-6 and COX-2, indicating that THC may possess multi-target effects that could be beneficial in treating both diseases. Furthermore, the molecular docking studies showed that THC binds strongly to TGFBR1, with key interactions that suggest it could effectively inhibit TGF-β signaling. These findings collectively support the hypothesis that THC could serve as a promising therapeutic agent for the dual treatment of pulmonary fibrosis and cancer, offering a potential strategy for addressing both diseases with a single compound. However, while the in silico results are promising, further experimental studies, including *in vitro* and *in vivo* validation, are necessary to confirm the therapeutic potential of THC and its efficacy in clinical settings.

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Conflict of interest

The authors declare no conflict of interest, whether intellectual or financial, regarding the research detailed in this manuscript.

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